

READING LIST

BOOKS FOR CHILDREN

Early Childhood – Pre-school

One Wonderful You – Francie Portnoy (for adoptees of all ages)

The Day We Met You – by Phoebe Koehler

Sarah: A Story of Love and Adoption – by Kathie Nichols

I Am Adopted – by Susan Lapsley

Our Baby: A Birth and Adoption Story – by Janice Koch

Susan and Gordon Adopt a Baby – A Sesame Street book

Tell Me a Real Adoption Story – by Betty Jean Lifton

My Special Family: A Children's Book About Open Adoption – Kathleen Silber and Debra Marks Parelskin – (pre-school – 5)

Early School-age – (5 Years to Adolescence)

Tell Me a Real Adoption Story – by Betty Jean Lifton

The Mulberry Bird – by Anne Brodzinsky

Steven's Baseball Mitt – by Kathy Stinson (concepts are for the latency age or older child)

How It Feels To Be Adopted – by Jill Kremetz (for the older latency age child)

How Babies and Families are Made (there's more than one way) – Patricia Schaffer

One Wonderful You – by Francie Portnoy – (can be used for adoptees of all ages)

Why Was I Adopted – by Carole Livingston

ADOLESCENTS

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How It Feels To Be Adopted – by Jill Krementz

So You're Adopted – by Fred Powledge

Coping With Being Adopted –by Shari Cohen (grade 7 and up)

Filling in The Blanks: A Guided Look at Growing up Adopted – by S. Gabel (grades 5-10)

FOR ADULT ADOPTEES

The Adoption Life Cycle: The Children and Their Families Through The Years – by Elinor Rosenberg

Being Adopted: The Lifelong Search for Self – by D. Brodzinsky, M. Schechter & R. Henig

The Adoption Triangle – by A. Sorosky, A. Baran & R. Pannor

Journey of The Adopted Self – by Betty Jean Lifton

Adoption Nation – by Adam Pertman

The Girls Who Went Away – by Ann Fessler

FOR ADOPTIVE PARENTS

Raising Adopted Children – by Lois Melina

Making Sense of Adoption – by Lois Melina

Being Adopted: The Lifelong Search for Self – by D. Brodzinsky, M. Schechter & R. Henig

How to Raise an Adopted Child – by Judith Schaffer & Christina Lindstrom

Helping Children Cope With Separation and Loss – by Claudia Jewett

Adopting The Older Child – by Claudia Jewett

A Child's Journey Through Placement – by Vera Fahlberg, MD

The Adoption Life Cycle: The Children and Their Families Through The Years – by E. Rosenberg

Parenting With Love and Logic – by Foster Cline and Jim Fay

With Eyes Wide Open: A Workbook for Parents Adopting International Children Over Age One – published by Children’s Home Society of Minnesota

FOR ADOPTIVE PARENTS CONTINUED

The Adoption Triangle – by A. Sorosky, A. Baran & R. Pannor

Courageous Blessing – by Carol L. Demuth

Helping Children Cope With Separation and Loss – by Claudia Jewett-Jarratt

Real Parents, Real Children: Parenting The Adopted Child – by H. van Gulden and L. Bartels-Rabb

Adopting After Infertility – by Patricia Irwin Johnston

Adoption Nation – by Adam Pertman

Twenty Things Adopted Kids Wish Their Adoptive Parents Knew – by Sherrie Eldridge

FOR BIRTH PARENTS

The Adoption Life Cycle: The Children and Their Families Through The Years – by Elinor Rosenberg

Dear Birth Mother – by Kathleen Silber & Phyllis Speedlin

Saying Goodbye to a Baby: The Birth Parent’s Guide to Loss and Grief in Adoption – by Patricia Roles

Parents, Pregnant Teens and The Adoption Option – by Jeanne Warren Lindsey

The Other Mother – by Carol Schaefer

Unmarried Father – by Reuben Pannor, Fred Massarik & Byron Evans

The Girls Who Went Away – by Ann Fessler

Out of the Shadows: Birth Father Stories – by Mary Martin Mason

Birth Mothers: Women Who Have Relinquished Babies for Adoption Tell Their Stories – by Merry Bloch Jones

OPEN ADOPTIONS

Children of Open Adoption – by Kathleen Silber & Patricia Dorner

The Open Adoption Experience – by Lois Melina & Sharon Kaplan Roszia

How to Open an Adoption – by Patricia Dorner

The Spirit of Open Adoption – by James Gritter

OPEN ADOPTIONS CONTINUED

The Open Adoption Book – by Bruce Rappaport

SEARCH/REUNION

Adoption Reunions – by Michel McColm

Birthright: The Guide to Search and Reunion for Adoptees, Birth Parents and Adoptive Parents – by Jean Straus

May the Circle be Unbroken – by Lynn Franklin & Elizabeth Ferber

Courageous Blessing – by Carol Demuth

Search Aftermath and Adjustments – by Patricia Sanders & Nancy Sitterly

The Adoption Reunion Survival Guide – by Julie Bailey & Lynn Giddens

The Girls Who Went Away – by Ann Fessler

FOR PROFESSIONALS

Clinical Practice in Adoption – by R. Winkler, D. Brown, M. Van Keppel & A. Blanchard

Shared Fate – by H. David Kirk

Adoption And The Family System – by Miriam Reitz & Kenneth Watson

Working With Adoption Families Beyond Placement – by Ann Hartman

The Psychology of Adoption – by David Brodzinsky & Marshall Schechter

The Adoption Family as a Healing Resource for the Sexually Abused Child – by D. Minshe & C. Hooper

Journey of The Adopted Self – by Betty Jean Lifton

Being Adopted: The Lifelong Search for Self – by D. Brodzinsky, M. Schechter & R. Henig

The Adoption Triangle – by A. Sorosky, A. Baran & R. Pannor

The Adoption Life Cycle: The Children and Their Families Through The Years – by E. Rosenberg