1. ABSTRACT:
Data presented from 335 young males who were participants in Wise Guys®, a sexual responsibility program of the Family Life Council of Greater Greensboro. Comparisons were made with 145 similar males who do not participate in the program.

### Knowledge and Attitudes

<table>
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<tr>
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<th>PARTICIPANTS</th>
<th>NON-PARTICIPANTS</th>
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<tbody>
<tr>
<td></td>
<td>Before</td>
<td>After</td>
</tr>
<tr>
<td>Knowledge of Sexuality</td>
<td>77%</td>
<td>87%</td>
</tr>
<tr>
<td></td>
<td>55%</td>
<td>61%</td>
</tr>
<tr>
<td>Positive Sex Role Attitudes</td>
<td>71%</td>
<td>76%</td>
</tr>
<tr>
<td></td>
<td>72%</td>
<td>73%</td>
</tr>
</tbody>
</table>

### Recent Contraceptive Use

<table>
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<tr>
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<th>PARTICIPANTS</th>
<th>NON-PARTICIPANTS</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Before</td>
<td>After</td>
</tr>
<tr>
<td></td>
<td>60%</td>
<td>88%</td>
</tr>
<tr>
<td></td>
<td>82%</td>
<td>69%</td>
</tr>
</tbody>
</table>

### Always Use Contraception

<table>
<thead>
<tr>
<th></th>
<th>PARTICIPANTS</th>
<th>NON-PARTICIPANTS</th>
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<tbody>
<tr>
<td></td>
<td>Before</td>
<td>After</td>
</tr>
<tr>
<td></td>
<td>41%</td>
<td>49%</td>
</tr>
<tr>
<td></td>
<td>76%</td>
<td>73%</td>
</tr>
</tbody>
</table>

### Never Use Contraception

<table>
<thead>
<tr>
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<th>PARTICIPANTS</th>
<th>NON-PARTICIPANTS</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Before</td>
<td>After</td>
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<tr>
<td></td>
<td>24%</td>
<td>12%</td>
</tr>
<tr>
<td></td>
<td>76%</td>
<td>77%</td>
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</tbody>
</table>

2. OUTCOMES AND FINDINGS:
- Initial participants in Wise Guys were considered to be low academic achievers or behavior problems.
- When young adolescent males began the WG program 28% reported they had already had sexual intercourse; 38% of non-participants had experienced intercourse. Six months after program, 35% of participants reported that they were sexually active. Nonparticipants remained at 38%.

1. ABSTRACT:
Although males are often the initiators of teen sexual activity, pregnancy prevention programs generally target females. To address this deficiency, the Wise Guys Male Responsibility Curriculum was developed to be delivered to adolescent males in weekly classroom sessions.

2. METHODS:
Seventh grade participants in the Wise Guys program were compared to randomly selected controls at pre-test, post-test, and 6-month follow-up data points. Comparisons were made on knowledge of sexual behavior and reproductive biology, knowledge of sexually transmitted disease, desirable attitudes toward sex and appropriate behavior in sexual relationships; and on limited behavioral outcomes, including initiation of sexual activity, and use of contraception by sexually active adolescents.

3. RESULTS:
Wise Guys participants demonstrated greater post-test and follow-up knowledge of sex and reproductive biology, greater knowledge of STD transmission, and higher rates of desirable attitudes toward sex and appropriate behavior in sexual relationships than controls. Favorable behavioral changes were also reported among sexually active participants at follow-up.

4. OUTCOMES AND FINDINGS:
The Wise Guys curriculum effectively improves adolescent males’ knowledge of sexual and reproductive behavior, and their knowledge of STD transmission, and instills desirable attitudes toward sex and appropriate behavior in sexual relationships. The results also indicate that the curriculum may promote greater condom use and contraception among sexually active males.


1. ABSTRACT:
The purpose of this project was to determine if the Wise Guys program influences young men’s perceptions of the impact a teen birth would have on their lives in the areas of relationships, vocation, and personal life.

2. METHODS:
The Wise Guys program was implemented with 70 adolescent males. The Thoughts on Teen Parenting Survey was used to determine participants’ perceptions of the costs and rewards associated with teen parenting.

3. RESULTS:
Data demonstrated that Wise Guys was effective in reinforcing less positive perceptions of teen parenting.

4. OUTCOMES AND FINDINGS:
• The Wise Guys program was effective in promoting realistic attitudes toward the parenting in young men.
• Perceptions about two areas of the young men’s lives, as represented by the two subscales (money and life in general), were impacted by the intervention. Previous survey findings noted that these two scales were where males had more positive perceptions than females about the impact a teen birth would have on their lives.
• Wise Guys was able to provide young men with more realistic perceptions of the impact teen birth in areas such as: sports and activities, sleep, personal reputation, attention getting, stress, and life improvement.
• The issues of masculinization and the ability for masculinity to be fostered in other ways than having children, as addressed in Wise Guys, may offer an important component of male-focused strategies.
1. ABSTRACT:
Our team implemented a mixed-methods study to evaluate an evidence-based, interactive curriculum, Wise Guys, which is designed to promote healthy relationships and sexual behavior in young men ages 12–18. The current study included a Youth Advisory Group, focus groups, and a video-journaling project to delineate teens’ thoughts on the most salient aspects of Wise Guys, and we used these to develop a stakeholder-informed survey instrument. Quantitative survey analyses revealed significant positive changes in study constructs. Qualitative interpretations provided rich data that validated the survey findings.

2. QUANTITATIVE FINDINGS:
5 constructs were tested:

- 1. Sexual Health and Decision Making
- 2. Communication and Relationships
- 3. Responsibilities, Values, and Goals
- 4. Respect for Self and Others
- 5. Thoughts on Self

Quantitative Analysis:
Suggests that, with the exception of the Sexual Health and Decision Making construct, means of the remaining four items were significantly different from the means on the post-tests. In addition, the constructs Responsibilities, Values, and Goals; Respect for Self and Others; and Thoughts on Self were significantly impacted as a result of their participation in the Wise Guys program. Follow-up correlation analyses were conducted to evaluate whether the strength of the relationship between the five constructs, and the general category items of the pre- and post-tests differed significantly from one another.

Program Feedback from Qualitative Analysis:

**Communication and Relationships**
“It will help you understand both sides of relationships between guys and females, also if you see something wrong with the other person you can talk with, come to, and approach them in a nice way instead of just doing it however you think is right.”

“From Wise Guys [I learned] that, in a relationship, communication is a must and it helps you be better in your relationships.”

“Wise Guys showed me to communicate more to my partner…show respect and talk to her about stuff.”

**Sexual Health and Decision-Making**
“I’ve learned that if I want to have sex with someone, she should want to do it, it can’t be against her will, she’ll cry.”

“I think it’s because we’re responsible to ourselves and the other person because you don’t want them to get pregnant or a disease, just as much as you don’t.”

“Wise Guys teaches you about sexual health, how to prevent pregnancy and what’s the best way to do it, like puberty and stuff like that…all about your sexual health and stuff.”
Sample of Qualitative Analysis (continued...):

Respect for Self and Others

“Girls should know how to treat guys with respect, and we should treat them with respect.”
“I approach situations with more respect…for the people and their experiences.”
“I respect women more.”

Thoughts on Self

“Wise guys helped me with my anger, I still have trouble with anger.”
“It taught you not just how to be a man, but to be your own person, not just one of a group, but to express yourself the way you want to.”

Responsibilities, Values, and Goals

“Wise Guys taught me the importance of having values, what things you put as values and what things aren’t that important. I learned that people don’t approve other people’s values, but it’s still important… if it’s important to you, it shouldn’t matter to anyone else.”
“Wise Guys taught me that everything we learned from our parents is a value.”
“It teaches you to take responsibility for yourself and everything you do. That’s one of the main factors of becoming a man.”
“I have goals. Every day I wake up and work on them.”