



# WISE GUYS

A BETTER PATH TO MANHOOD™

## Wise Guys Helps Young Men Redefine What Healthy Relationships Look Like

**Wise Guys®**, an award-winning program of *Children's Home Society of NC*, celebrates 30 years of its holistic approach in providing social and emotional learning to promote healthy relationships to teen males, ages 12-18 years of age. Communities, coast to coast, have implemented Wise Guys with diverse groups of males in a variety of settings: from schools, community and health centers to sports leagues, faith groups, and more. Over 5,000 teen males participated in this program last year.

**“Interactive,  
fun and  
informative  
approach!”**

### Wise Guys Curriculum Highlights

- Character Education
- Positive Youth Development
- STD Prevention
- Consent in Relationships
- Reducing Risky Behaviors
- Bullying Prevention
- Teen Pregnancy Prevention
- Sexual Health Education

## Online & In-Person Instruction Options

Our **two-day trainings** are available for educators and other professionals who would like to start the Wise Guys program in their communities. We provide you with the practice and ongoing support you will need to effectively replicate the Wise Guys program. Contact us today, to find out more.

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[chsnc.org/wise-guys](http://chsnc.org/wise-guys)

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## Activity Sheet: Rank Your Values

Our values are qualities, characteristics, or ideas that we feel are very important. Young men need opportunities to explore what is important to them so they can set goals around those values. Our values affect our decisions, our goals, and our behaviors. If we don't act according to our values, when our actions should match our values, then we usually become confused, frustrated, and upset by the consequences.

### Purpose:

To help young men become more aware of what they value

### Materials:

Activity worksheet entitled "Rank Your Values" for each participant; scissors; tape; pieces of colored 8 1/2 x 11" paper; envelopes (optional).

### Time:

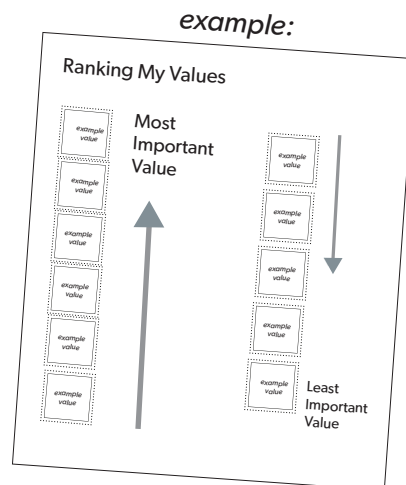
30–40 minutes

### Planning Notes:

You may want to cut the value statements on the worksheets into strips and place them in envelopes before you meet your group. An alternative is to have scissors for each participant and let them cut the statements into strips themselves.

### Procedure:

Be sure each young man in your group has a packet of value statements before you begin. Tell the group that one way to find out what you value is to be forced to decide between certain things and select the one that is most important, the one that is second more important, and so on. Have each young man sit at a table or floor space large enough to lay out all the value statements. Then tell the young men to look over the statements carefully and begin to move them around until they have a list with their most important value at the top and their least important value at the bottom, like this:



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## Procedure: continued...

*Ask the young men if they will all have the same values ranked in the same order. No, we all have different values and so we rank these values according to what is important to us individually. There is no right or wrong answer here. The important thing is knowing what is important to us.*

*Ask the young men if they have ever been in a situation where several good things could happen, but you could only choose to do one of them. Sure, we all have been in situations like this. When these situations come up, it's good to know what we value, so that we can pick the option that's right for us based on how much we value it.*

*Ask for a volunteer to share their top 5 values with the group. Give the young man a scenario based on his top 5 values where he has to pick what he would do. After his decision, ask the rest of the group what decision they would have made. Again, there is no wrong answer. It's about knowing what's important to you.*

*Next, ask the young men to think of an example of an action that they could take which matches their top 5 values. Give the young men an example.*

*EXAMPLE: If getting good grades is in your top 5, what is one action that you could take that would match that value? Studying, doing your homework, paying attention in class, etc.*

*The point is that we need to make sure that we actually do things that match our values. If we want good grades, but don't study or pay attention in class, are we going to be happy with ourselves if we don't get that good grade at the end of the year. Probably not.*

*Lastly, ask the young men what would happen to their top five values if they were suddenly teen fathers. Would that affect your values and your goals in life? How so?*

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## Activity Worksheet Rank Your Values

Instructions: Cut into strips along the dotted lines



Making it  
on my  
own

Getting  
good  
grades

Preparing  
for my  
future

Getting  
along with  
my parents

Getting  
married

Living  
by my  
religion

Being  
artistic  
or creative

Making  
money

Being  
popular  
with my  
friends

Having  
sex with  
someone  
I love

Getting a  
job that  
I really like

Being  
good in  
sports

Having  
children

Making  
new  
friends

Having  
my own  
car